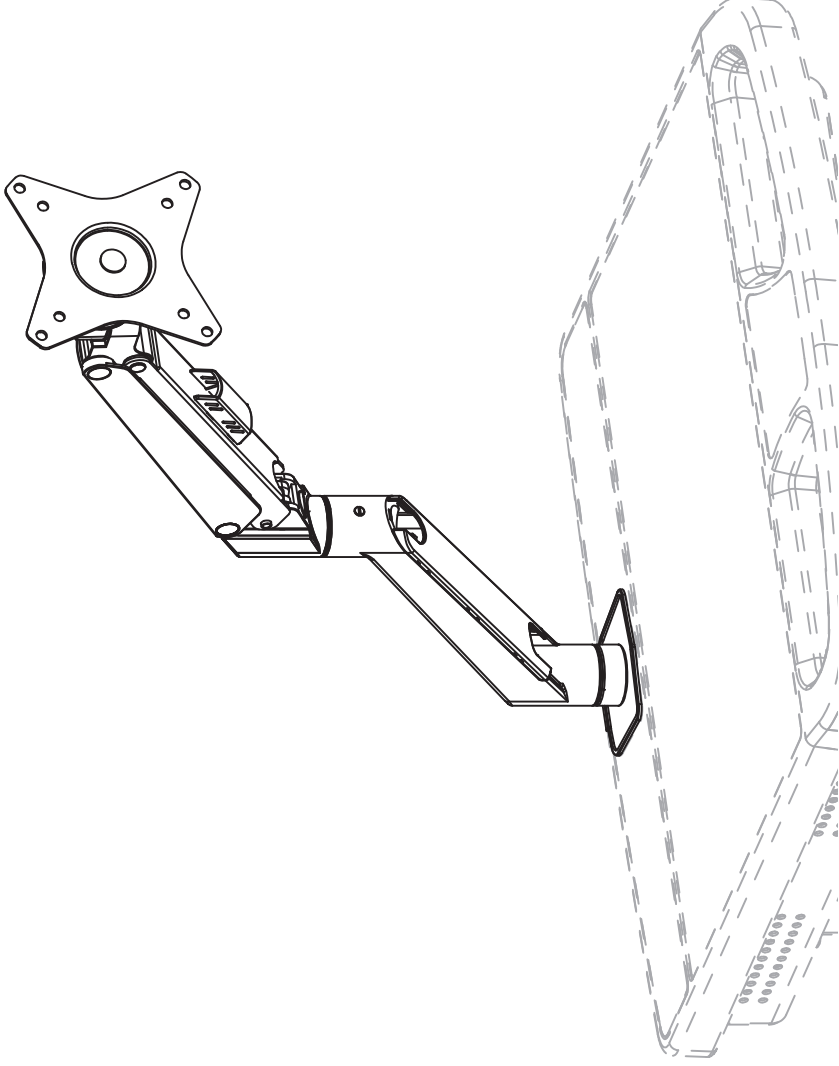


# MOUNT-IT!

Installation Manual

SKU: MI-16006

V1 07/24



Scan this QR code for  
product information, videos,  
and assembly assistance.

## GAS SPRING MONITOR ARM FOR MEDHUB MOBILE WORKSTATIONS



**HAVE QUESTIONS?**

Monday - Friday from 5:00am - 5:00pm PST



[support@mount-it.com](mailto:support@mount-it.com)



(855) 925-5668



[www.mount-it.com](http://www.mount-it.com)

Thank you for choosing Mount-It!

EN Read the entire instruction manual before you start installation and assembly. If you have any questions regarding any of the instructions or warnings, please contact Mount-It! for assistance.

**CAUTION:** Use with products heavier than the rated weights indicated may result in instability causing possible injury.

- Please closely follow the assembly instructions. Improper installation may result in damage or serious personal injury.
- Safety gear and proper tools must be used. This product should only be installed by professionals.
- This product is designed to be installed on solid concrete walls, masonry walls or wood stud walls.
- Make sure that the supporting surface will safely support the combined weight of the equipment and all attached hardware and components.
- Use the mounting screws provided and DO NOT OVER-TIGHTEN mounting screws.
- This product contains small items that could be a choking hazard if swallowed. Keep these items away from children.
- This product is intended for indoor use only. Using this product outdoors could lead to product failure and personal injury.

**IMPORTANT:** Ensure that you have received all parts according to the component checklist prior to installation. If any parts are missing or faulty, contact Mount-It! for a replacement.

**MAINTENANCE:** Check that the product is secure and safe to use at regular intervals (at least every three months).

DE Lesen Sie die gesamte Bedienungsanleitung, bevor Sie mit der Installation und Montage beginnen. Wenn Sie Fragen zur Anleitung oder Warnungen haben, wenden Sie sich bitte an Ihren örtlichen Händler.

**VORSICHT:** Die Verwendung mit Produkten, die schwerer als die angegebenen Nenngewichte sind, kann zu Instabilität führen und zu möglichen Verletzungen führen.

- Bitte befolgen Sie die Montageanleitung genau. Eine unsachgemäße Installation kann zu Schäden oder schweren Verletzungen führen.
- Sicherheitsausrüstung und geeignete Werkzeuge müssen verwendet werden. Dieses Produkt sollte nur von Fachleuten installiert werden.
- Dieses Produkt ist auf massiven Betonwänden oder Mauerwerkswänden zu montieren.
- Stellen Sie sicher, dass die Auflagefläche des Gesamtgewichts des Geräts und aller angeschlossenen Hardware und Komponenten sicher trägt.
- Verwenden Sie die mitgelieferten Befestigungsschrauben und die Befestigungsschrauben NICHT ZU FEST ANZIEHEN.
- Dieses Produkt enthält Kleinteile, die beim Verschlucken eine Erstickungsgefahr darstellen können. Halten Sie diese Gegenstände von Kindern fern.
- Dieses Produkt ist nur für den Innenbereich bestimmt. Die Verwendung dieses Produkts im Freien kann zu Produktversagen und Verletzungen führen.

**WICHTIG:** Stellen Sie vor der Installation sicher, dass Sie alle Teile gemäß der Komponenten-Checkliste erhalten haben. Bei beschädigten oder fehlenden Teilen, wenden Sie sich an Ihre Verkaufsstelle, um Ersatz zu erhalten.

**WARTUNG:** Überprüfen Sie das Produkt in regelmäßigen Abständen auf Sicherheit und Stabilität (am besten alle drei Monate).

FR Lisez entièrement le guide d'utilisateur avant de commencer l'installation et le montage. Si vous avez des questions concernant les instructions ou les avertissements, veuillez contacter votre distributeur local pour une assistance.

**ATTENTION:** L'utilisation de produits plus lourds que les poids nominaux indiqués peut entraîner une instabilité causant des blessures potentielles.

- Les supports doivent être joints comme spécifié dans les instructions de montage. Une mauvaise installation peut entraîner des dommages ou de graves blessures aux personnes.
- Un équipement de sécurité et les outils appropriés doivent être utilisés. Ce produit devrait être installé uniquement par des professionnels.
- Ce produit est conçu pour être installé sur des murs avec poteaux en bois, des murs en béton massif ou murs en brique.
- Assurez-vous que la surface de soutien en sécurité de la charge combinée de l'équipement et de tous les matériaux et composants associés.
- Utilisez les vis de montage fournies et NE SERREZ PAS TROP les vis de montage.
- Ce produit contient de petites pièces qui peuvent causer un étouffement si elles sont avalées. Éloignez ces pièces des enfants.
- Ce produit est prévu uniquement pour une utilisation à l'intérieur. L'utilisation de ce produit à l'extérieur peut entraîner une défaillance du produit ou des blessures aux personnes.

**IMPORTANT:** Avant l'installation, assurez-vous que vous avez reçu toutes les pièces selon la liste de vérification des composants. Si une pièce est manquante ou endommagée, téléphonez à votre distributeur local pour qu'il la remplace.

**MAINTENANCE:** A intervalles réguliers (au moins tous les trois mois) vérifiez que le support est d'utilisation sûre et fiable.

RU Перед началом установки и сборки прочитайте руководство по установке. Если у Вас возникли какие-либо вопросы относительно инструкций или предупреждений, свяжитесь с Вашим местным распространителем для получения помощи.

**Внимание:** Использование продуктов, вес которых превышает указанный расчетный вес, может привести к неустойчивости и возможным травмам.

- Опоры должны быть установлены, как это показано в монтажных инструкциях. Неправильная установка может привести к получению серьезных травм.
- Необходимо использовать предохранительное устройство и специальные инструменты. Продукт должен устанавливаться только профессионалами.
- Продукт предназначен для установки на деревянные каркасные стены, твердые цементные стены или кирпичные стены.
- Убедитесь, что несущая поверхность выдержит вес всего установленного оборудования и комплектующих.
- Необходимо использовать монтажные винты, входящие в комплект поставки, и НЕ ПЕРЕТЯГИВАТЬ монтажные винты.
- Данный продукт содержит мелкие детали, которые представляют опасность удушья при проглатывании. Такие детали необходимо хранить в недоступном для детей месте.
- Данный продукт предназначен только для эксплуатации в помещениях. Использование данного продукта на улице может привести к поломке продукта и получению травм.

**ВАЖНО:** Перед установкой убедитесь, что Вы получили все детали в соответствии со списком комплектующих. Если не хватает каких-либо деталей или они поломаны, свяжитесь с Вашим местным распространителем по вопросу замены.

**ТЕХНИЧЕСКОЕ ОБСЛУЖИВАНИЕ:** Необходимо регулярно проверять (как минимум, раз в три месяца), чтобы кронштейн был зафиксирован, и его использование было безопасным.

ES Lea todo el manual de instrucciones antes de comenzar la instalación y ensamblaje de la unidad. Si tiene alguna inquietud con respecto a las instrucciones o advertencias, comuníquese con su distribuidor local.

**PRECAUCIÓN:** utilizar con productos de mayor peso al indicado en los límites de peso podría ocasionar inestabilidad y posibles heridas personales.

- Los soportes deben acoplarse tal como se indica en las instrucciones de ensamblaje. Una incorrecta instalación podría ocasionar daños y serías heridas personales.
- Utilice las herramientas y equipo de seguridad adecuados. Este producto solo debe ser instalado por profesionales.
- Este producto está diseñado para instalaciones en paredes de madera sólida, concreto sólido o bloques.
- Asegúrese de que la superficie de fijación sostenga de manera segura el peso total del equipo y todos sus componentes y hardware.
- Utilice los tornillos de ensamblaje suministrados y NO aplique demasiada tensión a los tornillos.
- Este producto contiene piezas pequeñas que representan un riesgo de asfixia. Mantenga estas piezas fuera del alcance de los niños.
- Este producto está diseñado para uso en interiores solamente. Utilizar este producto en exteriores podría ocasionar fallas y heridas personales.

**IMPORTANTE:** Asegúrese de que haya recibido todas las piezas según la lista de verificación de componentes para la instalación. Si falta alguna de las partes, o está dañada, comuníquese con su distribuidor.

**MANUTENIMIENTO:** Compruebe periódicamente que el soporte esté asegurado y listo para usar (al menos cada tres meses).

PT Leia todo o manual de instruções antes de iniciar a instalação e montagem. Se você tiver alguma dúvida sobre quaisquer uma das instruções ou avisos, por favor, entre em contato com o seu distribuidor local para assistência.

**ATENÇÃO:** O uso com produtos mais pesados do que os pesos indicados pode resultar em instabilidade, causando possíveis danos.

- Os suportes devem ser anexados como especificado nas instruções de montagem. A instalação incorreta pode causar danos ou sérias lesões pessoais.
- Equipamentos de segurança e ferramentas adequadas devem ser utilizadas. Este produto só deve ser instalado por profissionais.
- Este produto é projetado para ser instalado em pilares verticais de paredes de madeira, paredes de concreto sólido ou de tijolos.
- Certifique-se que a superfície de suporte suportará com segurança o peso combinado do equipamento e todas as ferragens e componentes anexados.
- Use os parafusos de montagem fornecidos e NÃO APERTE EXCESSIVAMENTE os mesmos.
- Este produto contém pequenas peças que podem causar asfixia se ingeridas. Mantenha esses itens longe do alcance de crianças.
- Este produto destina-se ao uso apenas para ambientes internos. Usá-lo em ambientes externos pode causar falha no produto e lesões pessoais.

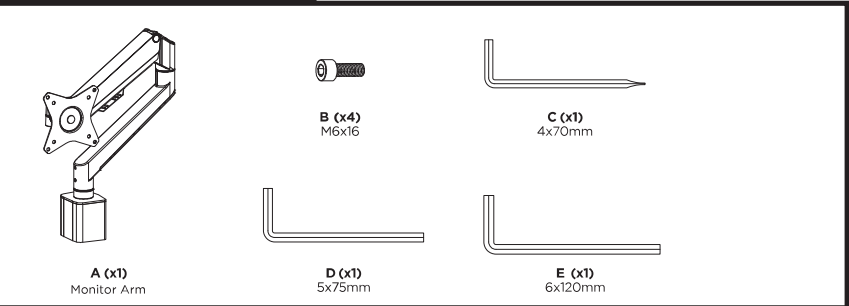
**IMPORTANTE:** Assegure-se que você recebeu todas as peças, de acordo com a lista de componentes, antes da instalação. Se alguma peça estiver faltando ou é defeituosa, contate o seu distribuidor local para substituição.

**MANUTENÇÃO:** Certifique-se que o suporte seja seguro e protegido para o uso em intervalos regulares (pelo menos a cada três meses).

VESA Compatible  
75x75 100x100



Mount and Accessories



Monitor Mounting Hardware



Check carefully to make sure there are no missing or defective parts. Some hardware provided may not be used. Use the correct mounting hardware suitable for your installation.

CHOKING HAZARD. Package includes small parts.  
Not for children under 3 years. Adult supervision is required.

Missing Parts? Call us at (855) 925-5668 and we will ship replacement parts free of charge.

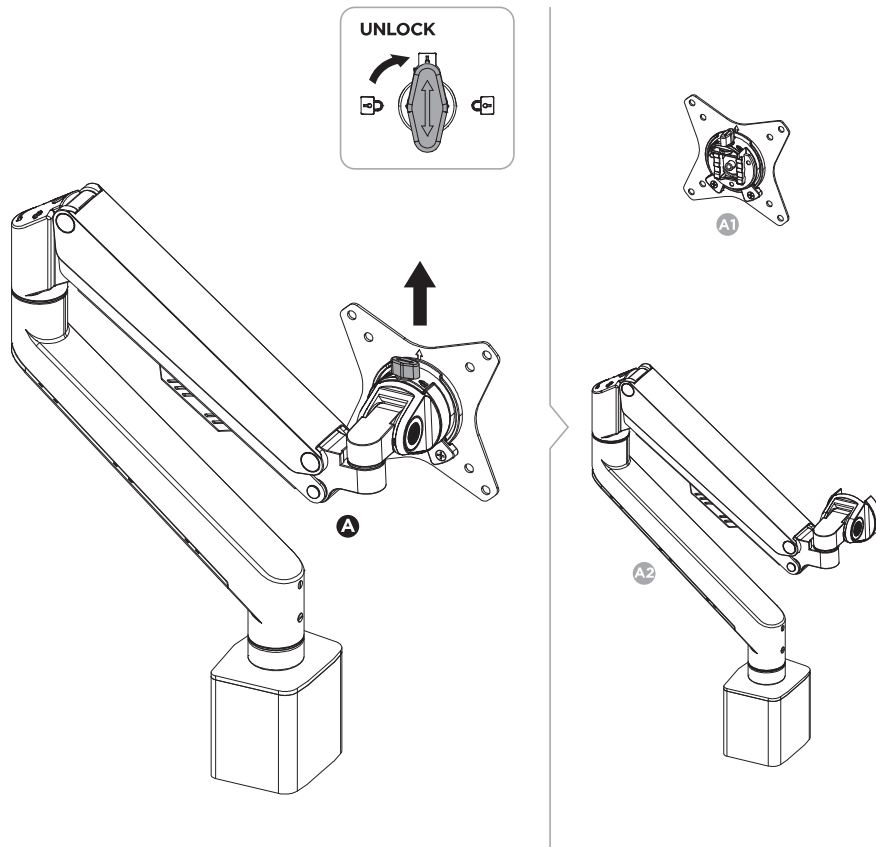
DIMENSIONS & WEIGHT CAPACITY

Monitor Weight Capacity per screen is 2.2~17.6lbs/1~8kgs.  
**Caution:** Ensure all mounting surfaces are capable of holding the weight of your mount.  
DO NOT EXCEED MAXIMUM LISTED WEIGHT CAPACITY. SERIOUS INJURY OR PROPERTY DAMAGE MAY OCCUR!

## Step 1

### Remove the VESA Plate

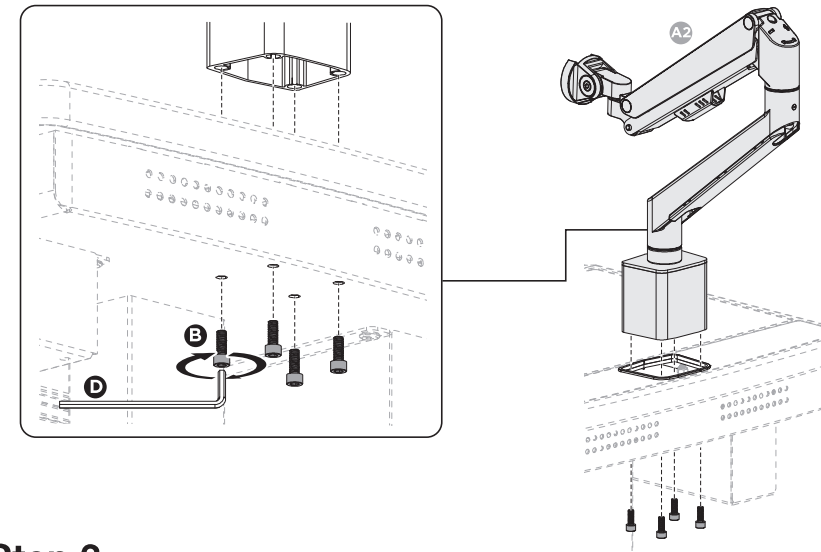
- Turn the knob 90° clockwise until the arrows face the unlocked symbol, then slide the plate up and off the end of the spring arm.



## Step 2

### Install the Arm

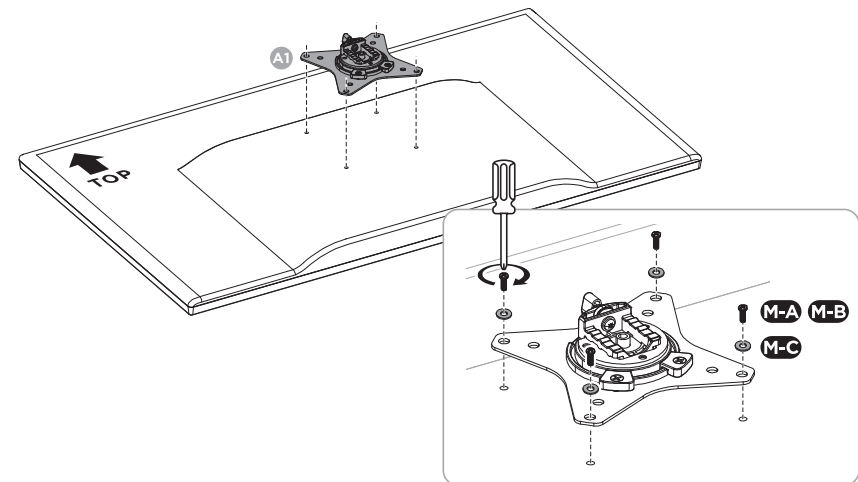
- Slide the Monitor Arm (#A) into the accessory port on the top of the desk, then secure it from beneath using the Bolts (#B).



## Step 3

### Attach the VESA Plate to the Monitors

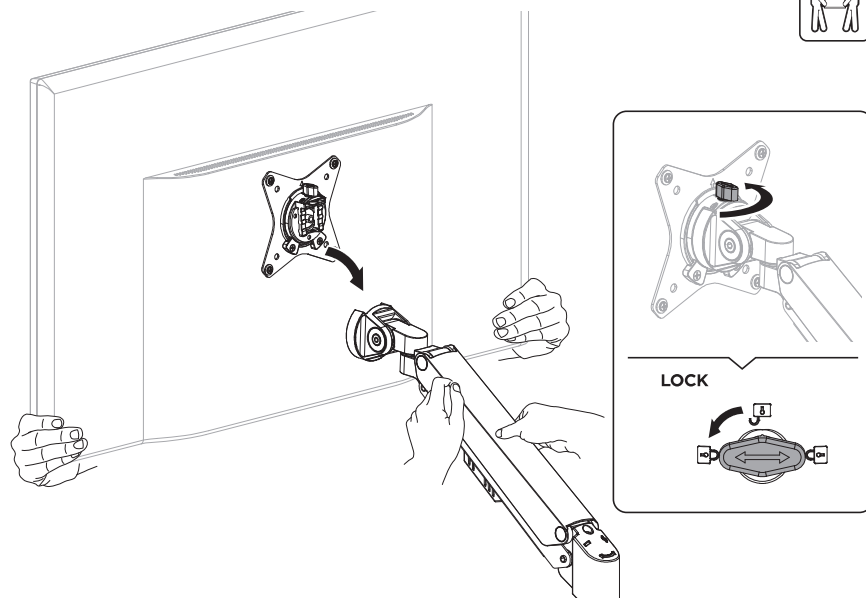
- Select the appropriate size mounting bolt (#M-A, M-B) and washer (#M-C) for your monitors mounting holes and verify the length of the VESA bolt is not too long. If you are unsure of the correct bolt size for your display refer to your monitor user manual or contact the monitor manufacturer for sizing information. Install the VESA Plate to the back of the monitor using the selected bolts.



## Step 4

### Place the Monitor on the Arm

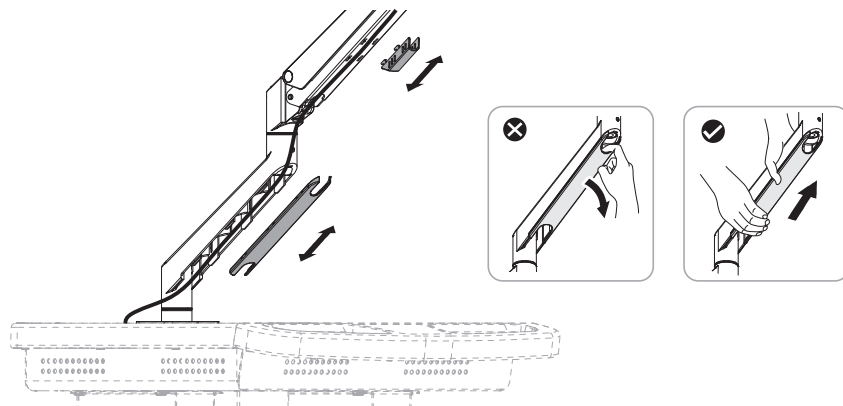
- Slide the monitor into place on the end of the spring arm. Turn the knob 90° counterclockwise until the arrows face the locked symbol.



## Step 5

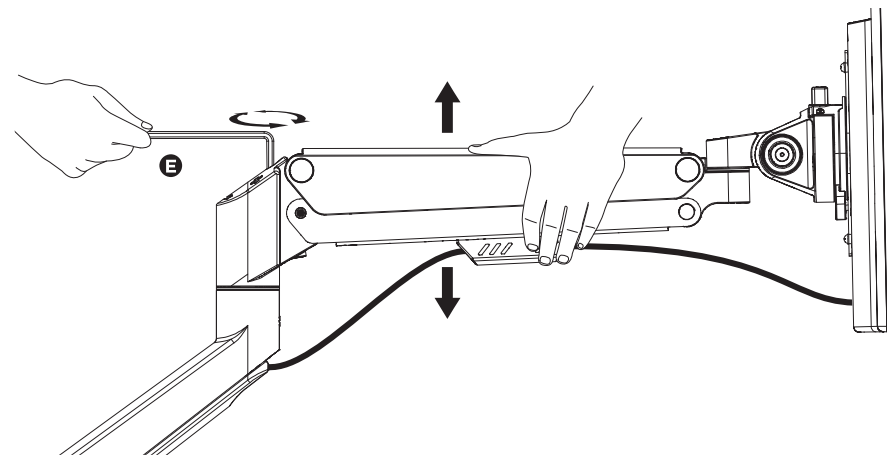
### Cable Management

- Remove the cable management covers to route cables for a more organized installation. Slide the covers parallel to the spring arm to remove them, do not pull or pry the covers. Route the cables along the spring arm, then slide the covers back into place over the cables.



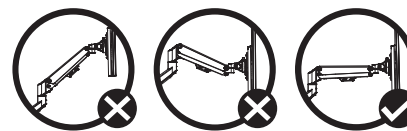
## Step 6

### Weight Balancing the Spring Arm



To properly balance the arm with monitor mounted, adjust the spring tension using the supplied Allen Key as follows:

First, position and firmly hold the arm horizontally as shown. Ask for assistance should you require it.



**CAUTION:** To avoid damage to monitor or mount, always keep the arm in a horizontal position while making adjustments. Again, ask for assistance if required.



If the arm **drops**, turn the adjustment screw counter-clockwise until it stays in a horizontal position.



If the arm **rises**, turn the adjustment screw clockwise until it stays in a horizontal position.

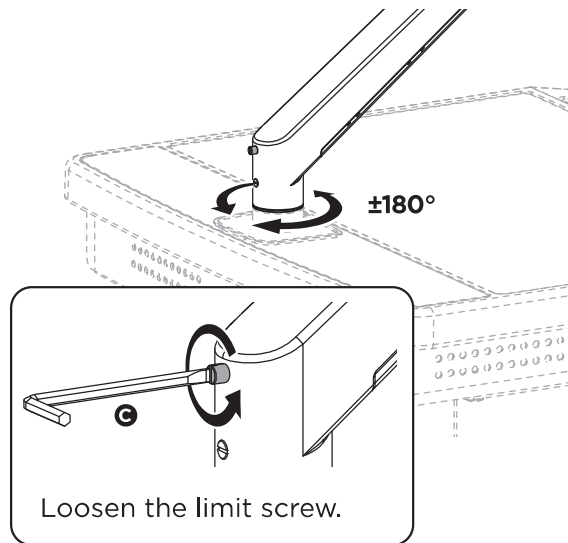
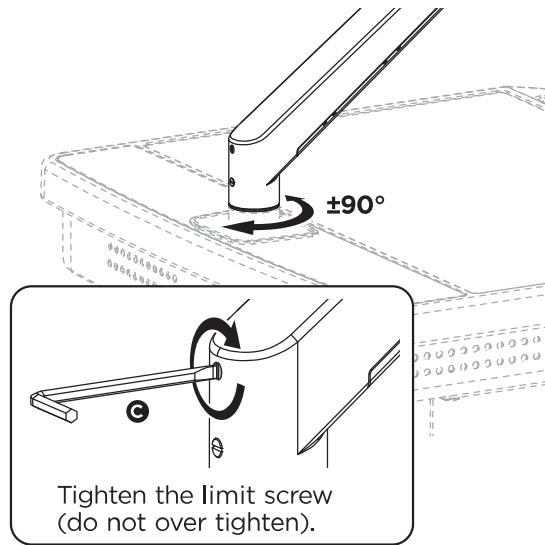


**CAUTION:** **DO NOT** over tighten the screws.

## Step 7

### Range of Motion Adjustment

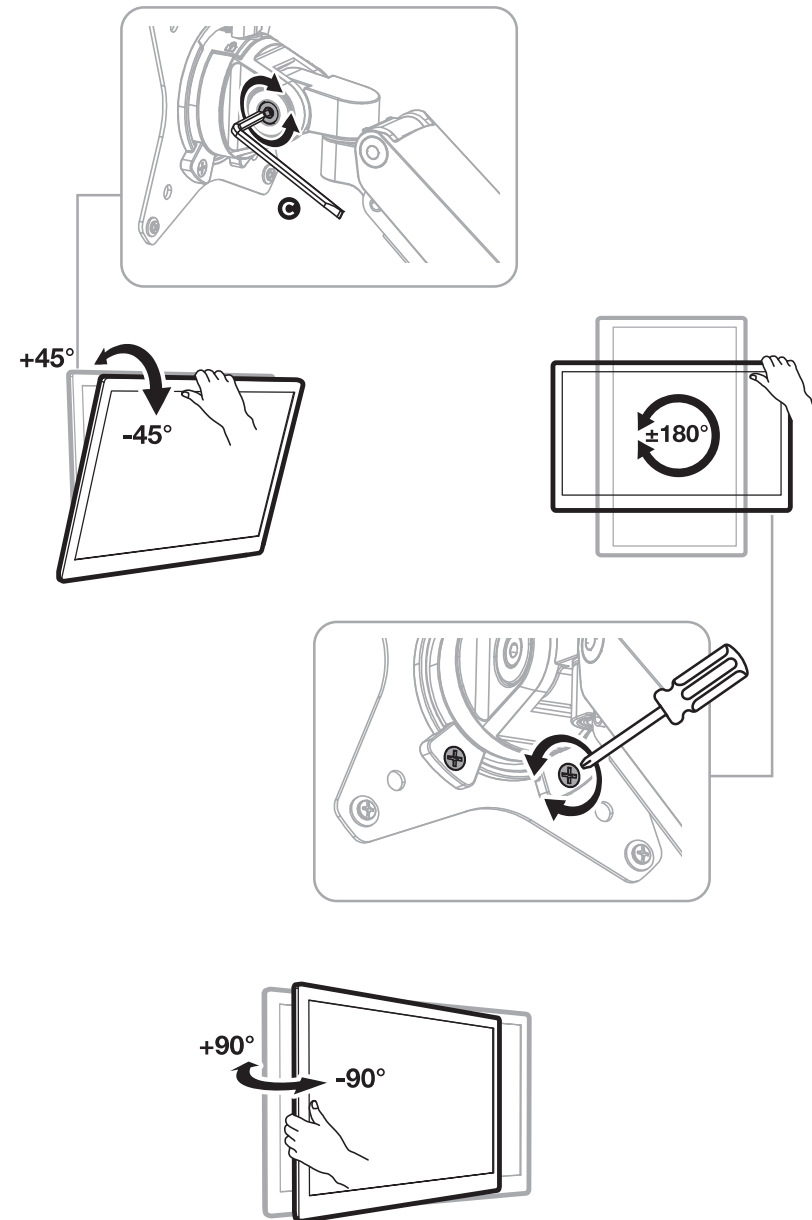
- Tightening the limit screw will limit the range of motion of the monitor arm to  $\pm 90^\circ$  so that the arm does not rotate past the back of the workstation.
- Loosening the limit screw will release the range of motion to  $\pm 180^\circ$  for full arm rotation.



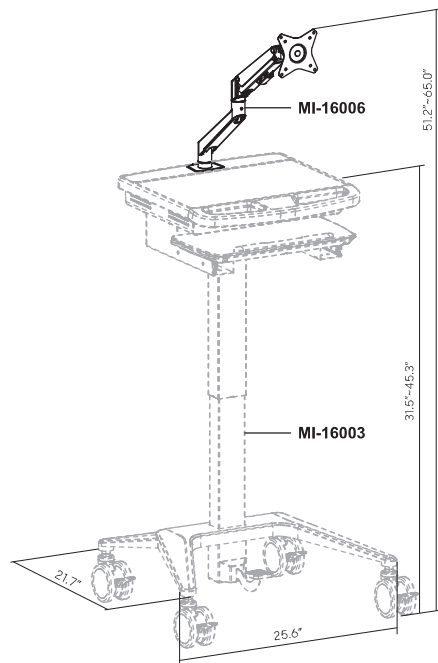
## Step 8

### Final Adjustments

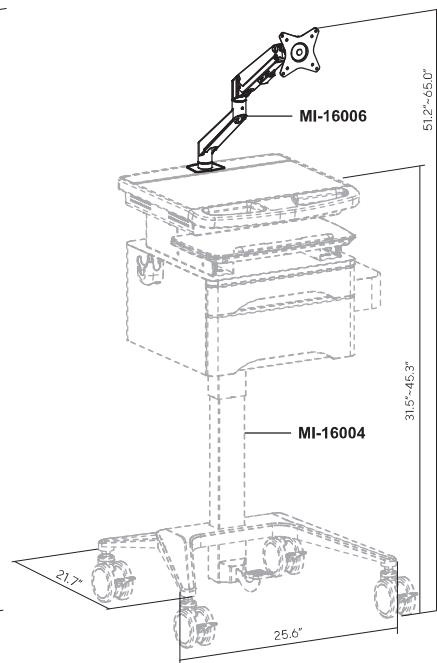
- Monitor arm can rotate  $\pm 180^\circ$  to allow landscape or portrait orientation.
- Adjust the tightness of the screws shown here to secure it in the desired position. Loosen the screw if the monitor cannot be rotated.
- Monitor arm can turn left/right  $\pm 90^\circ$ .



## Workstation Combination Options and Dimensions



**MI-16003 + MI-16006**



**MI-16004 + MI-16006**

Visit us at **www.mount-it.com** for product registration and warranty information.

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Our US based customer service team is standing by to answer any questions you have about your Mount-It! product.

Available by phone **Monday - Friday from 5:00am to 5:00pm** PST.

*Chat live with an agent on our website!*



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