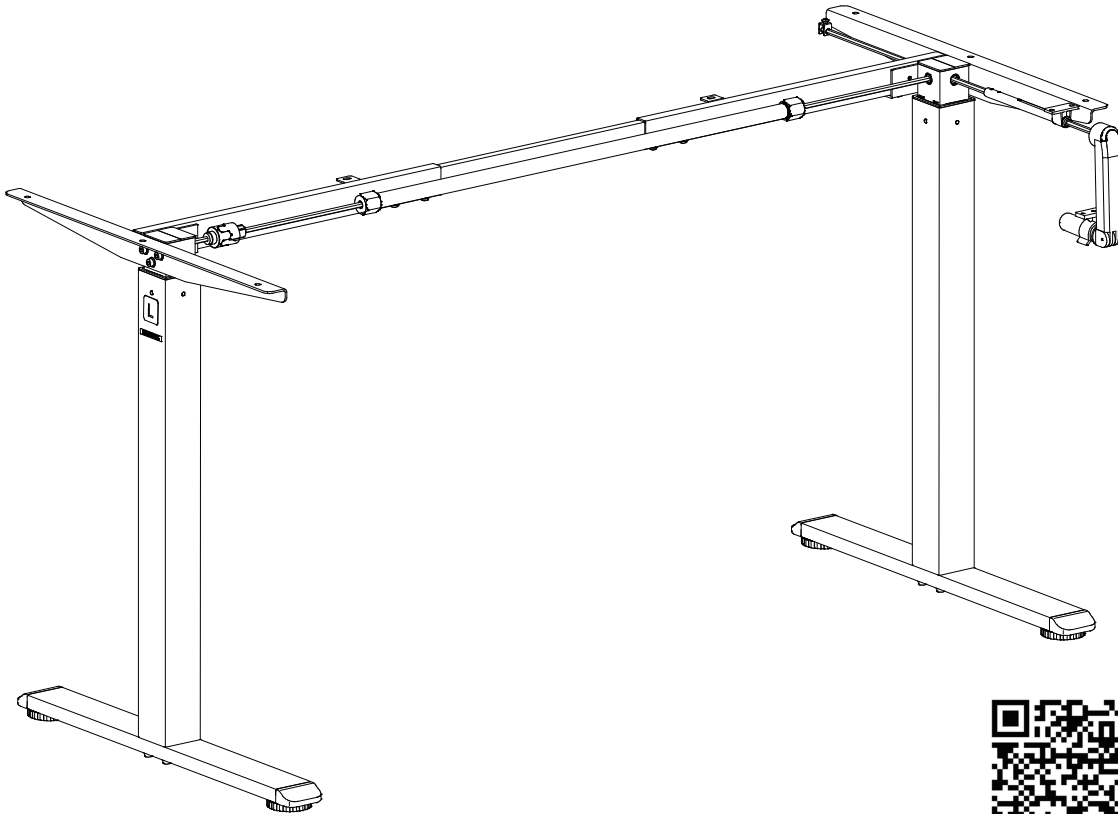




Please scan this QR code
to visit the product page

Sit-Stand Desk Frame with Hand Crank



HAVE QUESTIONS?

Monday - Friday from 5:00am - 5:00pm PST



support@mount-it.com



(855) 925-5668



www.mount-it.com

Thank you for choosing Mount-It!

EN 

Read the entire instruction manual before you start installation and assembly. If you have any questions regarding any of the instructions or warnings, please contact Mount-It! for assistance.



CAUTION: Use with products heavier than the rated weights indicated may result in instability causing possible injury.
• Please closely follow the assembly instructions. Improper installation may result in damage or serious personal injury.
• This product contains small items that could be a choking hazard if swallowed. Keep these items away from children.
IMPORTANT: Ensure that you have received all parts according to the component checklist prior to installation. If any parts are missing or faulty, contact Mount-It! for a replacement.
MAINTENANCE: Check that the product is secure and safe to use at regular intervals (at least every three months).

DE 

Lesen Sie die gesamte Bedienungsanleitung, bevor Sie mit der Installation und Montage beginnen. Wenn Sie Fragen zur Anleitung oder Warnungen haben, wenden Sie sich bitte an Ihren örtlichen Händler.



VORSICHT: Die Verwendung mit Produkten, die schwerer als die angegebenen Nenngewichte sind, kann zu Instabilität führen und zu möglichen Verletzungen führen.
• Bitte befolgen Sie die Montageanleitung genau. Eine unsachgemäße Installation kann zu Schäden oder schweren Verletzungen führen.
• Dieses Produkt enthält Kleinteile, die beim Verschlucken eine Erstickungsgefahr darstellen können. Halten Sie diese Gegenstände von Kindern fern.
WICHTIG: Stellen Sie vor der Installation sicher, dass Sie alle Teile gemäß der Komponenten-Checkliste erhalten haben. Bei beschädigten oder fehlenden Teilen, wenden Sie sich an Ihre Verkaufsstelle, um Ersatz zu erhalten.
WARTUNG: Überprüfen Sie das Produkt in regelmäßigen Abständen auf Sicherheit und Stabilität (am besten alle drei Monate).

FR 

Lisez entièrement le guide d'utilisateur avant de commencer l'installation et le montage. Si vous avez des questions concernant les instructions ou les avertissements, veuillez contacter votre distributeur local pour une assistance.



ATTENTION: L'utilisation de produits plus lourds que les poids nominaux indiqués peut entraîner une instabilité causant des blessures potentielles.
• Les supports doivent être joints comme spécifié dans les instructions de montage. Une mauvaise installation peut entraîner des dommages ou de graves blessures aux personnes.
• Ce produit contient de petites pièces qui peuvent causer un étouffement si elles sont avalées. Eloignez ces pièces des enfants.
IMPORTANT: Avant l'installation, assurez-vous que vous avez reçu toutes les pièces selon la liste de vérification des composants. Si une pièce est manquante ou endommagée, téléphonez à votre distributeur local pour qu'il la remplace.
MAINTENANCE: A intervalles réguliers (au moins tous les trois mois) vérifiez que le support est d'utilisation sûre et fiable.

RU 

Перед началом установки и сборки прочитайте руководство по установке. Если у Вас возникли какие-либо вопросы относительно инструкций или предупреждений, свяжитесь с Вашим локальным распространителем для получения помощи.



Внимание: Использование продуктов, вес которых превышает указанный расчетный вес, может привести к неустойчивости и возможным травмам.
• Опоры должны быть установлены, как это показано в Монтажных инструкциях. Неправильная установка может привести к получению серьезных травм.
• Данный продукт содержит маленькие детали, которые представляют опасность удушья при проглатывании. Такие детали необходимо хранить в недоступном для детей месте.
ВАЖНО: Перед установкой убедитесь, что Вы получили все детали в соответствии со списком комплектующих. Если не хватает каких-либо деталей или они поломаны, свяжитесь с Вашим местным распространителем по вопросу замены.
ТЕХНИЧЕСКОЕ ОБСЛУЖИВАНИЕ: Необходимо регулярно проверять (как минимум, раз в три месяца), чтобы кронштейн был зафиксирован, и его использование было безопасным.

ES 

Lea todo el manual de instrucciones antes de comenzar la instalación y ensamble de la unidad. Si tiene alguna inquietud con respecto a las instrucciones o advertencias, comuníquese con su distribuidor local.



PRECAUCION: utilizar con productos de mayor peso al indicado en los límites de peso podría ocasionar inestabilidad y posibles heridas personales.
• Los soportes deben acoplarse tal como se indica en las instrucciones de ensamble. Una incorrecta instalación podría ocasionar daños y serias heridas personales.
• Este producto contiene piezas pequeñas que representan un riesgo de asfixia. Mantenga estas piezas fuera del alcance de los niños.
IMPORTANTE: Asegúrese de que haya recibido todas las piezas según la lista de verificación de componentes para la instalación. Si falta alguna de las partes, o está dañada, comuníquese con su distribuidor.
MANTENIMIENTO: Compruebe periódicamente que el soporte esté asegurado y listo para usar (al menos cada tres meses).

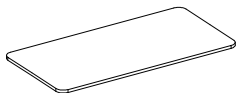
PT 

Leia todo o manual de instruções antes de iniciar a instalação e montagem. Se você tiver alguma dúvida sobre quaisquer uma das instruções ou avisos, por favor, entre em contato com o seu distribuidor local para assistência.



ATENÇÃO: O uso com produtos mais pesados do que os pesos indicados pode resultar em instabilidade, causando possíveis danos.
• Os suportes devem ser anexados como especificado nas instruções de montagem. A instalação incorreta pode causar danos ou sérias lesões pessoais.
• Este produto contém pequenas peças que podem causar asfixia se ingeridas. Mantenha esses itens longe do alcance de crianças.
IMPORTANTE: Assegure-se que você recebeu todas as peças, de acordo com a lista de componentes, antes da instalação. Se alguma peça estiver faltando ou é defeituosa, contate o seu distribuidor local para substituição.
MANUTENÇÃO: Certifique-se que o suporte seja seguro e protegido para o uso em intervalos regulares (pelo menos a cada três meses).

DESKTOP NOT INCLUDED



(x1)

SUGGESTED DESKTOP SIZE: 48"X24" - 72"X40"

HARDWARE CONTENTS



A (x13)
Desk Mounting Screws



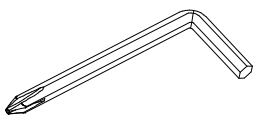
B (x8)
M6x35



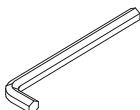
C (x6)
M6x12



D (x6)
M6x14



E
Hexagonal Wrench 5mm

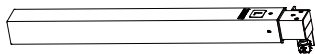


F
Hexagonal Wrench 4mm

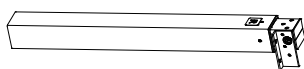


G
G-Hexagonal Wrench 2.5mm

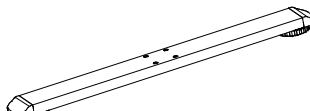
PACKAGE CONTENTS



H (x1)
Left Leg



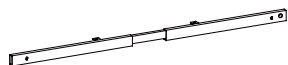
I (x1)
Right Leg



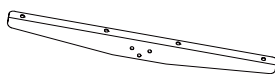
J (x2)
Feet



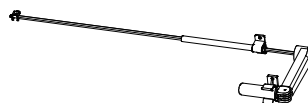
K (x1)
Transmission rod



L (x1)
Crossbar Assembly



M (x2)
Desk top Brackets



N (x1)
Handle

EXTRA PARTS



A (x2)
Desk Mounting Screws



B (x1)
M6x35



C (x1)
M6x12

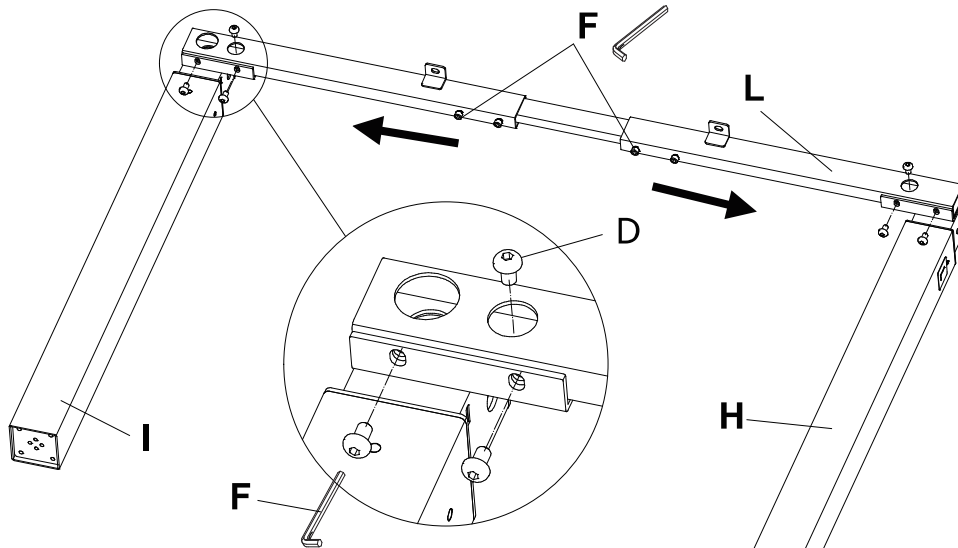


D (x1)
M6x14

Step 1

Assemble the Legs

Loosen the 4 bolts in the center of the Crossbar (#L) by using the Hex Wrench (#F) and expand the crossbar to the width that is needed for your desktop. Tighten the center bolts back down once the right width is achieved.

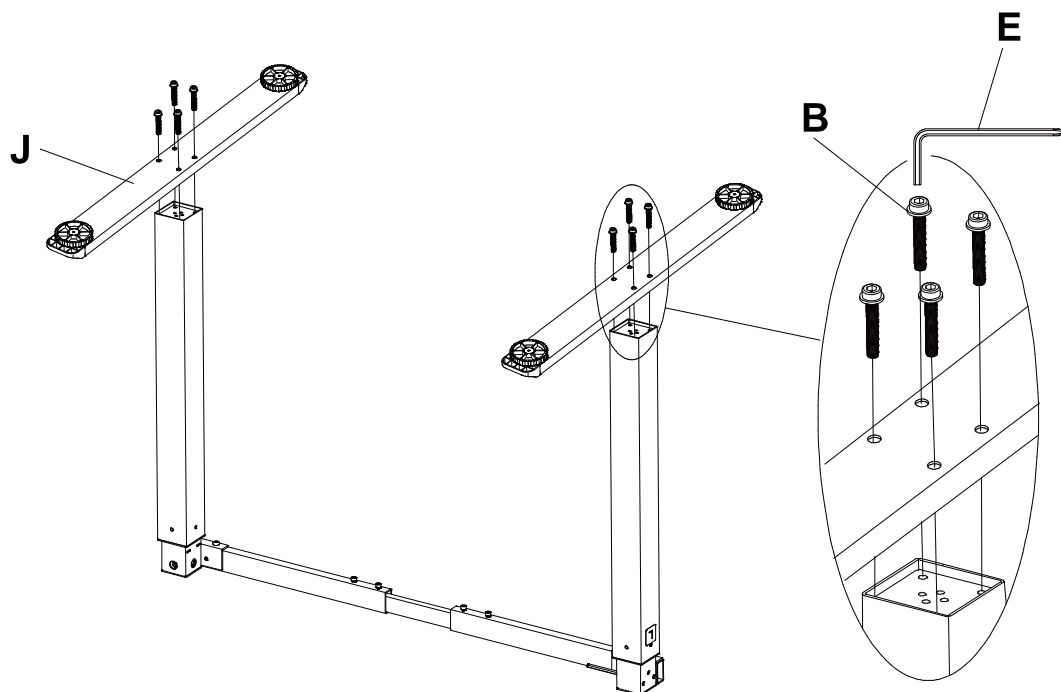


Attach the Legs (#H, #I) in the orientation shown here to the Crossbar (#L) using the M6x14mm Bolts (#D).

Step 2

Install the Feet

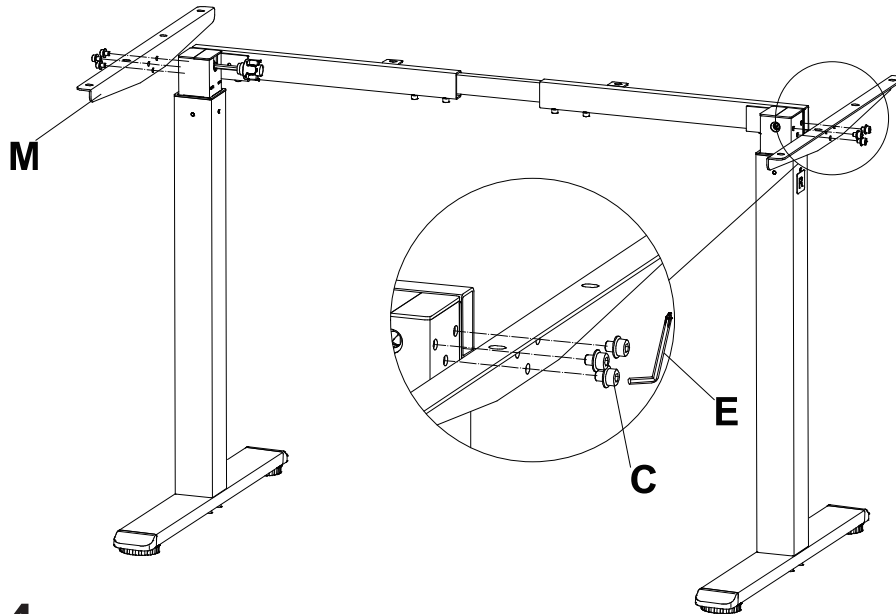
Attach the Feet (#J) to the ends of the legs using the M6x35mm Bolts (#B).



Step 3

Install the Desktop Brackets

Attach the Desktop Brackets (#M) to the sides of the legs using the M6x12mm Bolts (#C)



Step 4

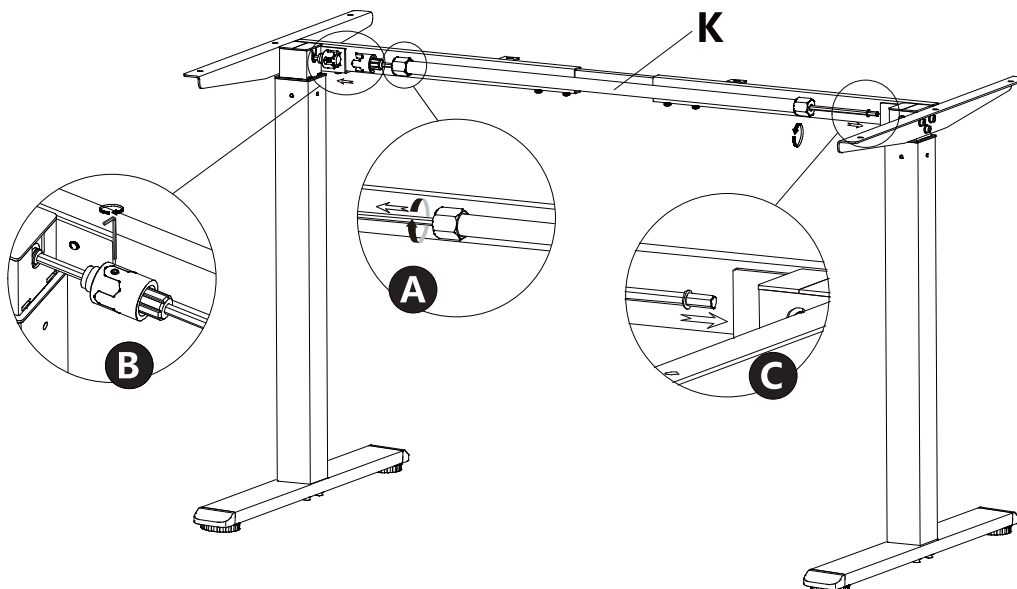
Install the Transmission Rod

Ensure that the legs are at the same height. If the legs are uneven, connect the transmission rod to the side that is higher and manually rotate the rod to lower the leg until they are even.

A. Loosen the coupling nuts on each end of the transmission rod so that the rod can be expanded to match the width of the frame.

B. Attach the matching end to the adapter on the Left Leg (#H) then tighten the set screw to secure them together.

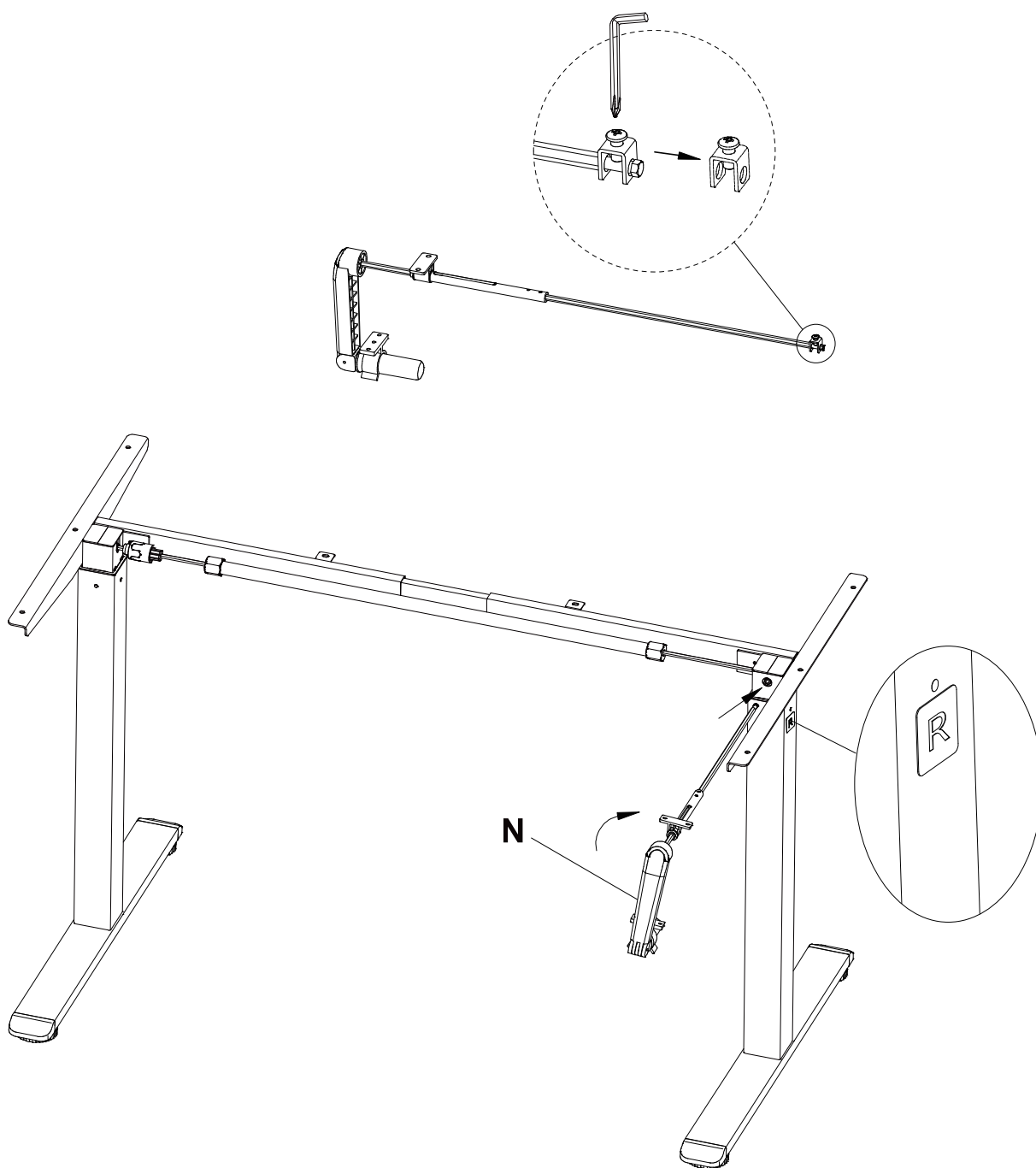
C. Insert the other end of the rod into the Right Leg (#I) then tighten the knobs on the rod back down again to lock the width in position.



Step 5

Test the Height Adjustment

1. Remove the bolt and clip from the end of the Handle (#N) rod. Insert the Handle into the port on the right leg, then reinstall the bolt and clip to the end of the rod. Rotate the handle clockwise to raise the level, and counterclockwise to lower.
2. If the legs do not raise synchronously, check the connections on each end of the transmission rod to ensure that the rod is fully engaged and properly rotating when the handle is turned.



Step 6

Install the Desktop

1. Attach the Frame to the table top using the Desk Mounting Screws (#A).
2. Use desktop mounting screws (# A) to secure the hand crank and hand crank holder to the desktop.
3. Flip the desk over and the installation is complete.

